Treg Lunger enters his fifth season as the head coach of the Waynesburg University men's soccer team in 2025.

The Yellow Jackets notched their second-straight winning season in 2024. Waynesburg's 17 wins over the last two seasons are the most in a two-year span since 2013-14. Freshman midfielder Sarpong Kwabiah enjoyed a decorated debut season as he became the first player in program history to be awarded the Presidents' Athletic Conference Newcomer of the Year and earn a spot on the All-ECAC Team.

Lunger was named the PAC Coach of the Year in 2023 after leading the Jackets to their first PAC Tournament win since 2001 and first conference semifinal berth since 2014. Despite being picked 10th in the PAC preseason poll, the Waynesburg earned the fourth seed in the conference tournament and defeated Chatham 4-1 to advance to the PAC semifinals.

The Jackets finished with a 10-7-2 record, the winningest season in a decade and matched a program record with five league wins. Waynesburg had five players collect all-conference status, the most for the squad since 2011.

Lunger came to the Yellow Jackets after three years as an assistant coach at PAC power Grove City.

During his time with the Wolverines, Lunger worked closely with head coach Mike Dreves in all aspects of the program. In 2018, Lunger helped Grove City to the PAC regular season title as the Wolverines went 6-0-1 in league play. The Wolverines finished 15-3-4 overall.

In 2019, Grove City played 14 of its 18 overall games on the road due to construction on its home facility, yet still finished 5-2-1 in the league.

Lunger came to Grove City after working as an assistant coach at his alma mater, Malone University. He worked with the Pioneers men's program from July 2015 to May 2017, then spent the 2017 season as a volunteer assistant coach with Malone's women's soccer program.

Lunger's coaching career began in August 2014, when he joined the Canton Akron Soccer Club as a staff coach.

As a competitor, Lunger played four seasons as a defender for Malone, which transitioned from NAIA to NCAA Division II during his career. He made 38 starts, including a career-high 15 as a senior in 2013.

He owns a U.S. Soccer Federation National "B" License and an Advance National Diploma from United Soccer Coaches. Lunger was also appointed a member of the prestigious United Soccer Coaches 30 under 30 class of 2020. The 30 Under 30 Program is a year-long education and mentorship opportunity for coaches leading the way in developing soccer players and enhancing the game. All members are overseen by some of the best and brightest in the soccer industry.

Away from the college pitch, Lunger has coached PA West ODP since 2022.

Lunger earned a bachelor's degree in exercise science at Malone in 2013. He completed his master of arts degree in organizational leadership at Malone in May 2017.