

Manuel Montero, MA

Born in Colombia & moved to San Francisco at age 12

Education & Certifications

- Master's degree in Kinesiology
- Master's degree in Sport Psychology
- Bachelors in Psychology & Criminal Justice
- US Soccer Federation "B" Candidate
- United Soccer Coaches "Premier", & "GK level 1, 2, & 3" license
- Bilingual English & Spanish

Military Service

- US Army Infantry Sergeant, served in Afghanistan

Current Roles

- N.A. Varsity Head Coach
- Forge FC Owner

Previous Roles

- Club
 - Pittsburgh Riverhounds RDA Coach (Boys & Girls)
 - De Anza Force (Boys)
 - Breakers Academy (Boys DA)
 - Almaden FC (Boys)
 - SF United (Boys)
- College
 - De Anza College (Men & Women)
 - Skyline College (Men)

Coaching Philosophy:

Prioritizes life lessons through soccer • Focuses on both technical excellence and personal growth • Creates positive, development-focused training environments • Measures success through player growth, not just wins