



# **Welcome to PA West Soccer Free Webinar COVID-19 Series.**

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**June 5<sup>th</sup>, 2020**

# **TASKS**

**AND**

# **QUALITIES OF AN EFFECTIVE COACH**

# Jürgen Klopp

...  
NO COACH EVER  
STOPS LEARNING.  
THAT'S WHAT MAKES  
THE GREAT  
COACHES  
GREAT.  
THEY STRIVE TO LEARN  
MORE EVERY DAY  
AND THEY NEVER STOP  
ASKING QUESTIONS."  
...



**COACHES**  
TRAINING ROOM.com

# What is a Task?

- \* “assigned piece of work often to be finished within a certain time”.
- \* “a piece of work that has been given to someone : a job for someone to do”.

- Marriam-webster



# Tasks of a Football Coach

**Think about your environment that you coach in; what are the task that you do as a coach.**

# Tasks of a Football Coach... Cont.

- \* Training Sessions

- \* Preparing – How do you decide topics?

- \* Season – Pre, in, end?

- \* Periodization

- \* Executing

- \* Equipment - Flipcharts, video, etc.

- \* Snacks for younger players

- \* What methodology?

- \* PPP

- \* Warm-up, Function, Phase of Play, Game

- \* W.O.L.I



# Tasks of a Football Coach... Cont.



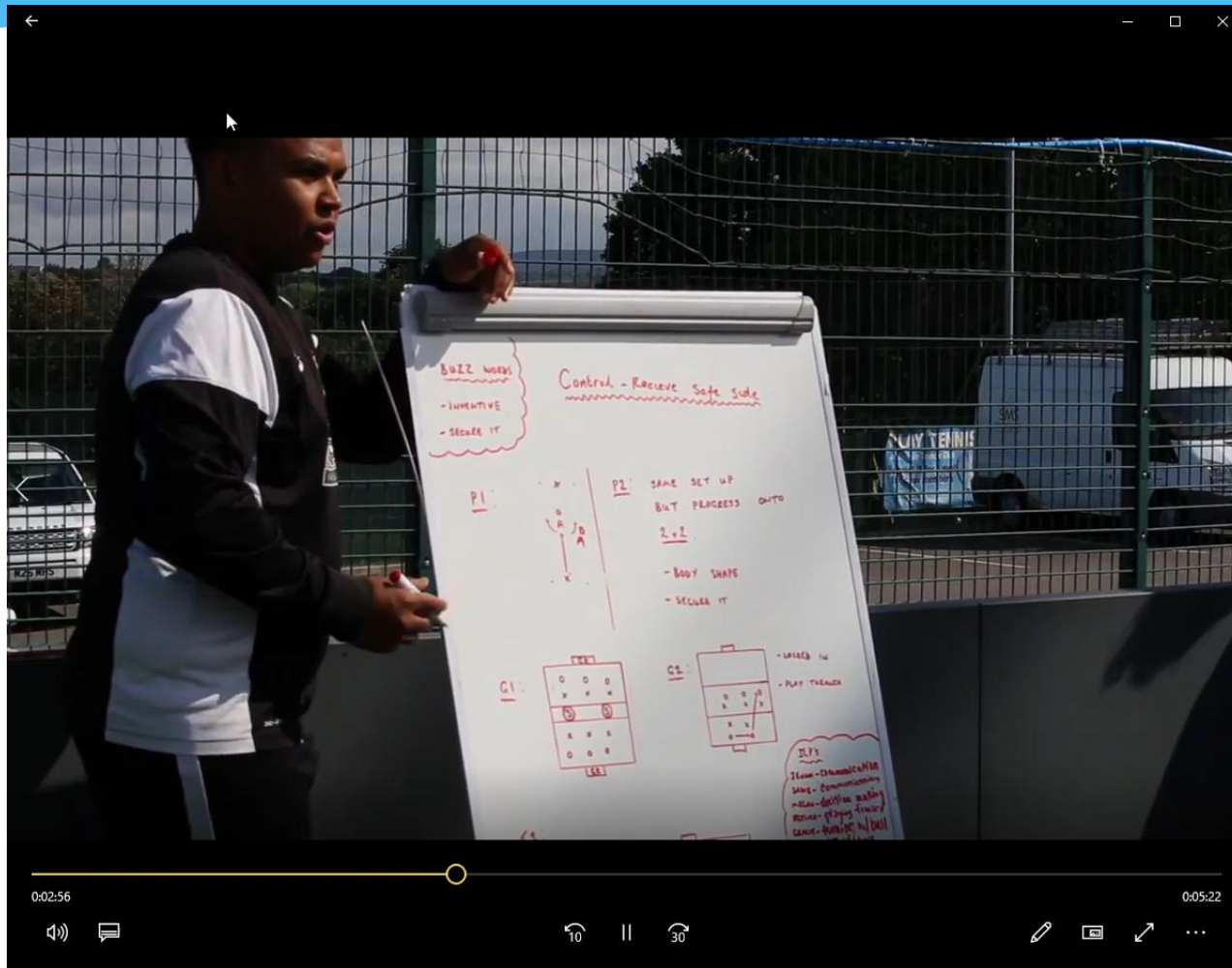


# Tasks of a Football Coach... Cont.





# Tasks of a Football Coach... Cont.



# Tasks of a Football Coach... Cont.

- \* Coaching Games

- \* Pre-game

- \* What are your pre-game routines?
    - \* Roles of backroom staffs
    - \* Starting line-up and roles of players
    - \* Strategy, what are the goals? How do you achieve them?

- \* The game

- \* Respect for all? Taking notes?
    - \* Don't overrate – stay calm

- \* Post-game

- \* Quick general reflection
    - \* Remind players of next practice/game
    - \* Engage parents?
    - \* Coaches group and individual reflection

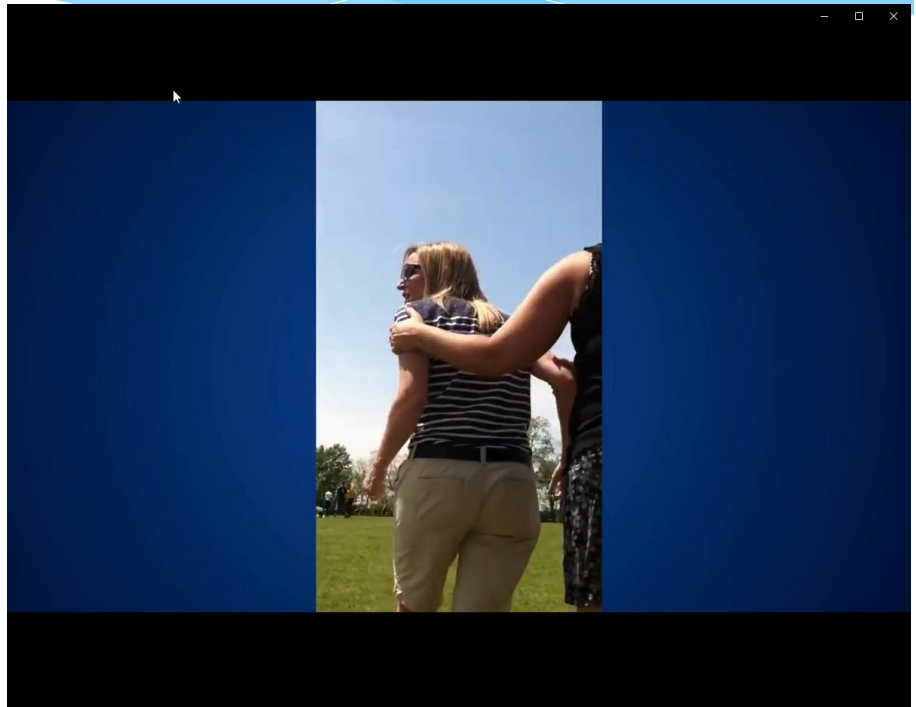
# Tasks of a Football Coach... Cont.

- \* **Managing your Environment**

- \* **Controllable**
- \* **Things that influence your job**
- \* **Parents? Fans?**

- \* **Non-controllable**

- ❖ **Leadership in your club (board, DOC)**
- ❖ **Local authorities – FAs, Health officials**
- \* **Return-to-Play Guidelines**
  - \* **Do you have one?**



# Tasks of a Football Coach... Cont.

- \* Managing your Team
  - \* Positive team culture
  - \* Safe and fun environment



# Tasks of a Football Coach... Cont.

- \* Managing your Players
  - \* Guiding players
  - \* Know your players
  - \* Building rapport



# Tasks of a Football Coach... Cont.

- \* Managing yourself
  - \* Leading yourself
    - \* Don't be the news
    - \* Respect is earned
    - \* Keep your cool at all times

**- NOBODY CARES WHAT YOU KNOW, UNTIL THEY KNOW THAT YOU CARE**





# QUALITIES OF AN EFFECTIVE COACH



# What/Who is an Effective Coach?

- \* “producing a decided, decisive, or desired effect”.

-- Marriam-webster, 2020.



# Qualities of Effective Coaches

- Think outside the box
- Focus on the strengths or positives more
- Patience
- Enthusiasm
- Honesty and integrity
- Friendliness
- Self-confidence
- Fairness
- Consistency
- Flexibility
- Resourcefulness
- Genuine concern for others



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# QUALITIES OF EFFECTIVE COACH...

## Cont.

- \* Knowledgeable
- \* Respect for the game, players, and officials
- \* Seeks for knowledge
- \* Has a growth mindset
- \* Open minded



# An Effective Coach Makes it FUN



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Questions



# **Next PA West Soccer Free Webinar COVID-19 Series.**

**Jun 12th, 2020**