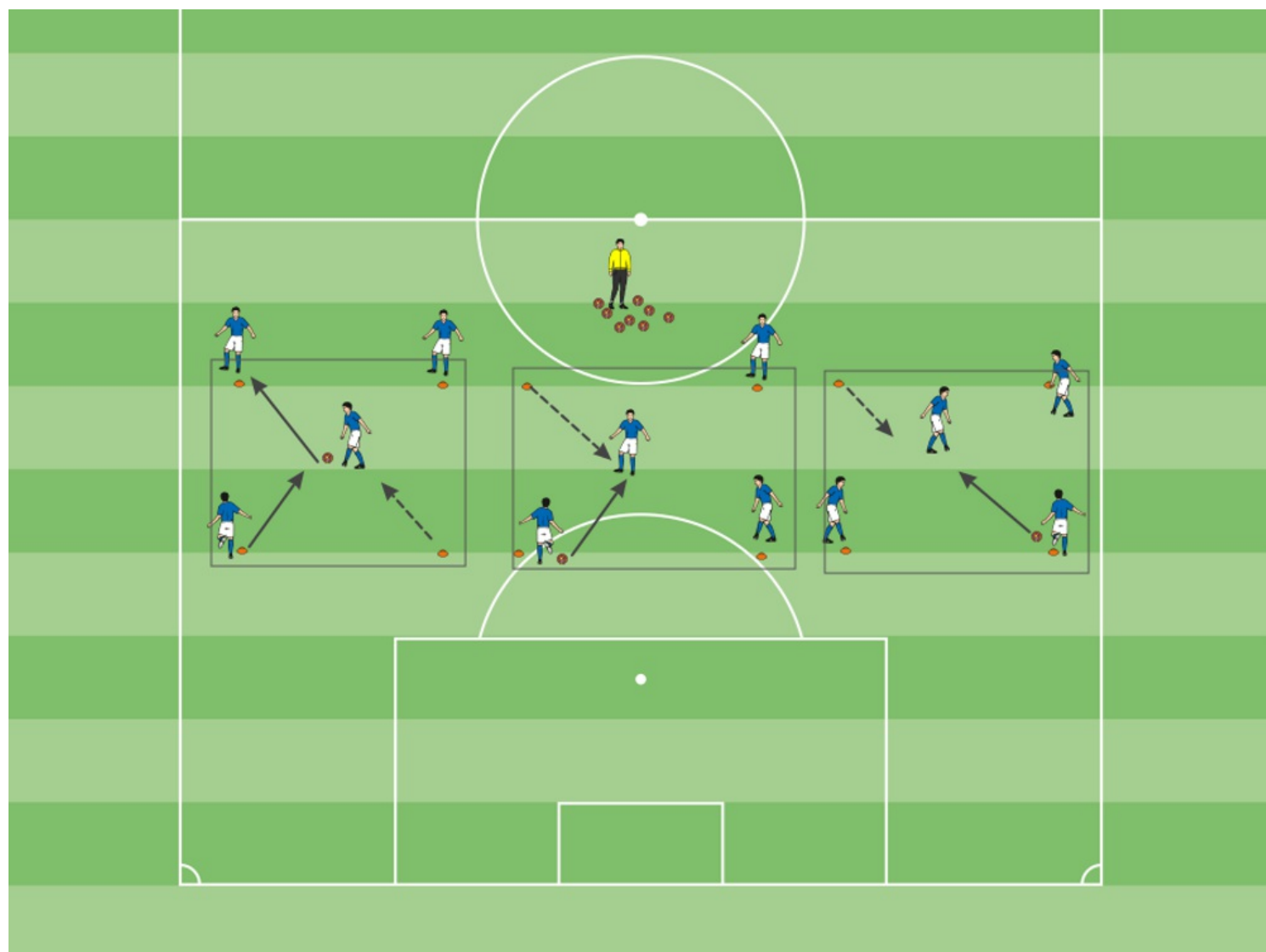


OBJECTIVE: Passing and Movements

PLAYER ACTIONS: Pass options, Pass/dribble

KEY QUALITIES: Optimal technical, Optimal physical, Initiative

**ORGANIZATION:**

4V0 Shadow Play 1. Groups of four (4) players besides a cone in a square (create as many group as needed), 15 yards by 15 yards. 2. A player leaves the cone into the center of the square to receive a pass and then passes to the player on either cones

NOTES:

3. The player in the middle after passing the ball, takes the spot of the player that he/she receive the ball from 4. Another player (not involve in the sequence) checks into the center of the square to receive a pass and repeat the sequence 5. Encourage passing and movement

🕒 **MOMENT:**
Attacking

👤 **AGE:**
U9-U10 / 7v7

👤 **PLAYERS:**
4

🕒 **DURATION:**
15:0 min