

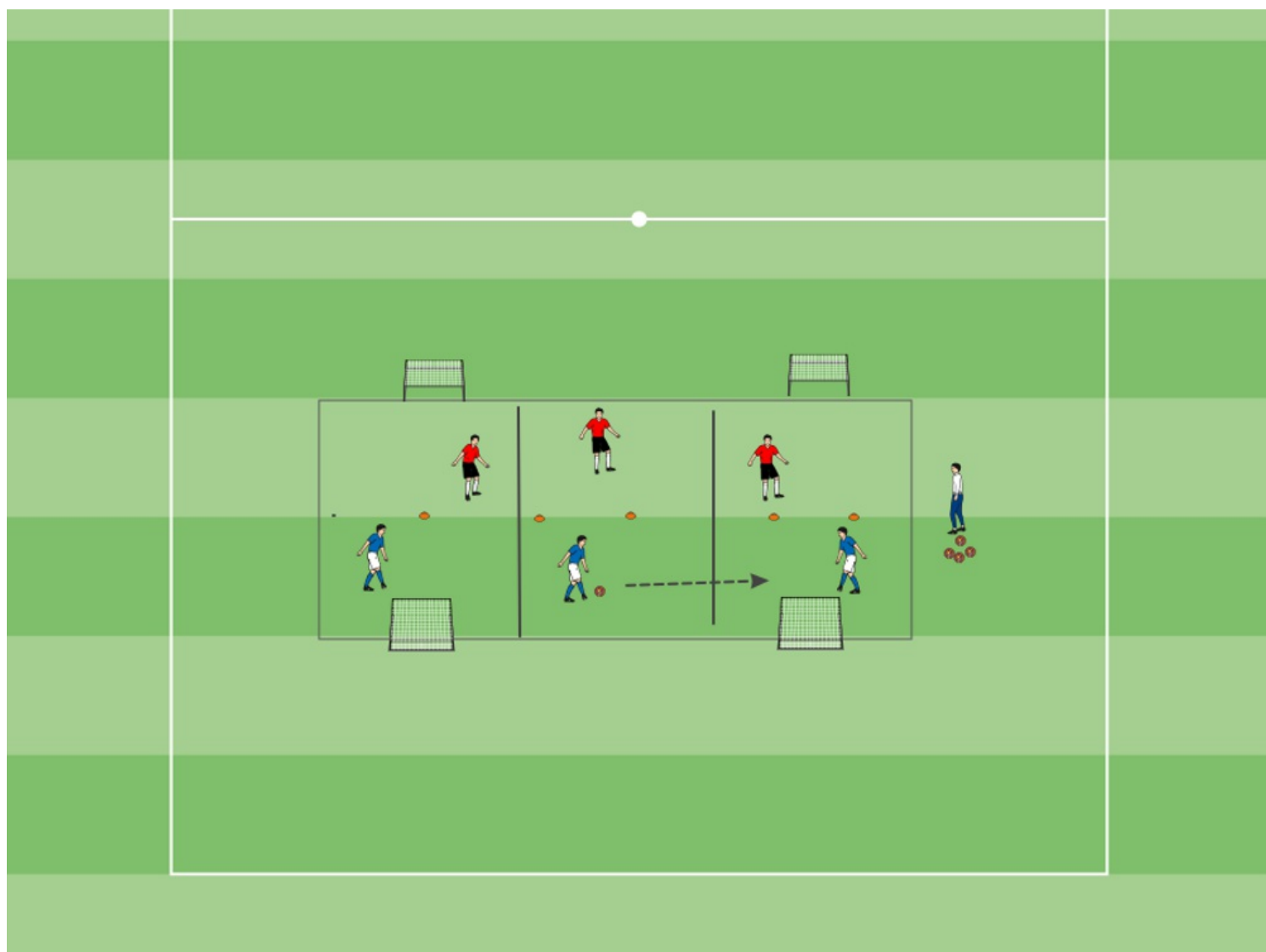
## 4v4 Activity for players U6 - U8 - Four (4) goal game

OBJECTIVE: Pass and Shoot

PLAYER ACTIONS: Shoot, Pass/dribble, Spread out

KEY QUALITIES: Read game/make decisions, Optimal technical, Initiative

Terry Babatunde  
Eguaeje, Ed.D.



### ORGANIZATION:

Four (4) goal game. 1. 3v3 in a small grid of 20-25 yards wide and 10-15 yard long. Each player in a quad separated by cones 2. Each team attack two goals and defends two. play for few mins (3-4 mins) before water break

### NOTES:

Player can not leave the quad. Team with most goals wins. Encourages passes and shooting

🕒 **MOMENT:**  
Attacking

👤 **AGE:**  
U7-U8 / 4v4

👤 **PLAYERS:**  
3 vs 3

🕒 **DURATION:**  
20:0 min