

RESIDENTIAL AND DAY CAMP APPLICATION

Camper Name (below)

U_____ Date of Birth_____

Male Female (circle one)

Club:_____

Request Roommate (if any)_____

Parent/Guardian (name below)

Address_____

City_____

State_____ Zip_____

Email (be legible)

Cell Phone #_____

Parents want to Chaperon? _____

T-Shirt Size (circle one)

YS...YM...YL...AS...AM...AL...XL...

Check payable to: PAW Soccer Camp

Check # _____ Amount \$ _____

Credit/Debit Card# (Visa, MasterCard, Amex)_____

Expiration Date ___/___/___ ccv#_____

Also visit www.pawest-soccer.org to print out application. No online registration at this time.

Camp Fees:

Residential Campers

Before May 1st\$595.00

After May 1st.....\$670.

Day Campers

Before May 1st\$539.00

After May 1st\$620.00

Breakfast, Lunch, and Dinner included in these fees for ALL campers.

All campers will receive camp T-shirt.

Parents with two (2) or more kids will get a 10% discount off the second kid and 20% off subsequent kids.

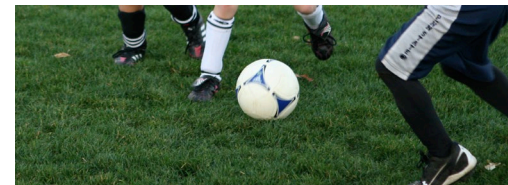
10% Team discount also available.

Cell Phone 412-609-8012



Mail Application and Payment to:
Attn: **Summer Soccer Camp**
111 Whitehead Lane, Suite 200
Monroeville, PA 15146
Cell Phone 412-609-8012
Fax 412-856-8012
Email: doc@pawest-soccer.org

**SUMMER SOCCER
CAMP**



Residential & Day Camp

JULY 29 - AUG. 2, 2019

*For U9 – U17 players
Boys & Girls*

Camp Location:

Slippery Rock University



www.pawest-soccer.org

What you need to know:

Camp Directors:

Dr. Terry Eguaoje, PA West Soccer, Technical Director of Coaching & Player Development

Paulo Neto, PA West Soccer Assistant Technical Director

Dates:

July 29 - Aug 2, 2019

Attendees:

Boys and Girls. 9U – 17U

Camp Type:

Residential and Day Camp

Overview:

Campers will be grouped according to ability, age and gender. Daily sessions will focus on the four pillars of soccer i.e. technique, tactics, fitness, and psychological, as well as **Goalkeeping**. Evening sessions will consist of games. Players will be introduced to the ODP playing style of 4-3-3 possession soccer.

Camp Features:

SAQ- Speed, Agility, and Quickness, swimming, lectures on nutrition, hydration, concussion, injury prevention & recovery. All lectures & training sessions will be conducted by nationally licensed professionals, including PA West Technical Director of Coaching.

Check in:

Check-in will start as from 3pm
Monday, July 29th.

WHAT TO BRING

- Swim Suit
- 2 pairs of Shin Guards
- 2 pairs of Soccer Cleats
- Flip Flops and Running Shoes
- Practice and Casual Cloths
- 12 pairs of Soccer Socks
- Proper Size Soccer Ball
- Towels and Toiletry Items
- Water Jug and Sun Screen
- Bed Linens, Pillows, etc.
- Snacks/Drinks for Room



www.pawest-soccer.org

Tentative Schedule of Activities

Monday July 29th, 2019

3 p.m. - 4:30 p.m. Check-In
4:45 p.m. Welcome
5 p.m. - 6:30 p.m. Dinner
7 p.m. - 9 p.m. Evening Games
10.30 p.m. Lights Out

Tues. Jul 30 – Thurs Aug 1st, 2019

8 a.m. Wake Up!
8:15 a.m. Breakfast
9 a.m. -11 a.m. Training Sessions
11 a.m. - noon Lectures
Noon - 1 p.m. Lunch
1 p.m. - 2 p.m. Lectures/Trainings
2 p.m. - 4 p.m. Training Sessions/Swim
5 p.m. - 6 p.m. Dinner
6:30 p.m. - 8:30 p.m. Evening Games
8:30 p.m. - 10:30 p.m. Free Time
10:30 p.m. Lights Out
Goalies Train Every Morning Alone!

Friday Aug. 2nd, 2019

8 a.m. Wake Up
8:15 a.m. Breakfast
9 a.m. - 11 a.m. Competition Day
Noon Check Out/Pick up Campers
Goalies Train Every Morning Alone!