Sample Action Plan for Positive Result

This plan is to provide the basis for planning and preparing for a possible COVID-19 case in the club. This plan will identify the steps before and after being alerted to a possible COVID-19 case.

Before possible infection:

- Contact your county health department to determine their requirements for minimizing possible infection and reporting a possible or confirmed infection.
- Plan to provide information about all participants and attendees to aid tracking.
- Plan trainings in a manner to minimize exposure and spread through staggered starts.
- Plan a notification process.
- Plan to assess all participants prior to all activities.
- Plan adjustments to training schedules if notified of possible exposure.
- Instruct all coaches/admin on the assessment plan.
- Notify all participants and parents of the club plan.

After possible infection:

- Remind the exposed or ill player or parent of the CDC self-isolation instruction and the need to contact their physician.
- Contact the county health department of the exposure or illness and confirm necessary steps.
- Follow county health department direction on notification of all individuals with possible exposure.
- Redouble disinfecting measures at all affected facilities and equipment.
- Institute adjustments to training schedules.
- Respect individual’s confidentiality.