Happy Holidays from PA West to you, your friends, and family.

2022 Futsal State Cup

The 2022 Futsal State Cup is set for January 7–9, 2022. The competition will feature play for 10U, 12U, 14U, 16U, and 18U age groups. The cup will be held at Pro Sport Monroeville. For registration, click here.

Spring Presidents Cup

The 2021-22 Presidents Cup will be held April 1–3, 2022 at various locations around the Pittsburgh area for the U15–U19 age groups. Registration is open for teams planning to enter this spring’s competition. The tournament is open to PA West Soccer member clubs. Registration can be completed with the US Soccer Connect system.

The PA West Soccer Presidents Cup is part of a national championship series and a regional qualifying tournament. PA West Soccer Champions will proceed to the Eastern Region Presidents Cup. The 2022 Regional Presidents Cup will held June 17–22, 2022 in Charleston and Barboursville, WV.

Regional champions advance to the National Presidents Cup. The 2022 event will be held July 7–10 in Greensboro, NC.
Former PA West ODP Player Alex Adams Selected As DIII All-American

After being selected to the 2021 United Coaches Division III All-America Second-Team for the second consecutive playing season, former PA West ODP player Alex Adams is now a two-time All American for her performance as a forward with the Carnegie Mellon University women's soccer team. Adams was the only freshman in 2019 to be honored as an All-American after being a third-team selection.

Adams previously played for Beadling Soccer Club, the oldest continuously operating soccer club in the country, as well as North Allegheny Soccer Club.

Pittsburgh Post-Gazette Soccer Players Of The Year

The Pittsburgh Post-Gazette has selected Pittsburgh Hot Spurs player Anthony Difalco as the Boys Soccer Player of the Year.

Congratulations to DiFalco for being selected as player of the year, and the rest of the players selected for the Post-Gazette all-area team!

For more information, click here.

The Pittsburgh Post-Gazette has selected Steel Valley Soccer Club player Kelsey Salopek as the Girls Soccer Player of the Year.

Congratulations to Salopek for being selected as player of the year, and the rest of the players selected for the Post-Gazette all-area team!

For more information, click here.
SportGait, a medical technology company focused on facilitating concussion diagnoses and recovery, and PA West Soccer have partnered to provide free baseline testing for all PA West Soccer athletes through the end of 2021, with the ultimate goal of putting athletes’ safety first.

“We’re excited to provide this opportunity to our athletes. It helps us improve player safety,” says PA West Soccer Executive Director Tim McCoy.

Baseline testing is a powerful tool for measuring athletes’ physical and mental skills at the beginning of the sports season and aid in diagnosing concussions later on. The tests measure gait, memory, concentration, problem solving ability, and attention. This establishes a precedent of the athlete’s condition for doctors to compare with results after a head injury.

SportGait offers baseline testing through their new mobile app available on the App Store and Google Play. The app is an essential toolkit for coaches and parents, and there is parallel technology for medical professionals, complete with clinically approved assessments and research-backed information for educating athletes about concussions.

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**Risk Management Tip Of The Month**

If you are creating a risk management application for a volunteer position and have been a resident of Pennsylvania for ten years or longer, you can submit a Notarized Residency Affidavit in lieu of your FBI criminal background check. A PDF of our Residency Affidavit can be found on the Risk Management page of our website.

To visit our Risk Management page, click here.

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Let's keep our kids safe, and renew our SafeSport! The US Center for SafeSport offers free education for parents and players of all ages. To learn more, click here to get started on your training.
Video games have become embedded into our culture, and are a very important part of the lives of players of all ages. It's impossible to deny the popularity and appeal of video games, with over 75% of households having at least one gamer.

For some parents, this causes concern. What if we converted those hours of gameplay into fun, safe, and competitive play?

Through lessons learned in traditional grass-roots play, GYO and Global Digital Sports have built safe, competitive esport leagues that teach players traditional values taught through competitive sports.

"Online gaming has earned a bad reputation as players sometimes engage in outwardly hostile, toxic, and inappropriate behavior. These are learned behaviors and they start at a young age. Our goal is to teach players not only how to be great gamers, but how to be great people as well," says GYO.

**Online Gaming Safety Tips For Parents**

- Take an active interest in the games your children are playing to learn how they work and why they enjoy playing their favorite games.

- Teach your child to protect themselves online. Remind them to never share personal information and to be careful who they talk to online. Some people hide behind fake profiles and pretend to be someone they're not.

- Ask your child who they play with, who they meet and talk to, and talk about the kind of language being used and heard. Make sure your child knows how to report abusive behavior.

- Remind your child to always have fun!
US YOUTH SOCCER NEWS

US Youth Soccer announced the 2021 National winners of their ten annual awards.

THE ESPN Wide World of Sports Complex at Walt Disney World Resort has been selected to host the 2022 US Youth Soccer National Championships, which will take place July 19-24, 2022.

US SOCCER NEWS

The 2021 Biosteel US Soccer Male and Female Player of the Year nominees have been announced.

U.S. Soccer is proud to celebrate our passionate National Team fans during the fifth annual U.S. Soccer Fan Week. The celebration runs from Monday, Dec. 13 to Saturday, Dec. 18, showcasing and thanking U.S. Soccer fans for their commitment and support of U.S. Soccer’s National Teams.
STATE OFFICE STAFFING

All office staff can be reached at the email addresses listed below:

Executive Director, Tim McCoy – tim@pawest-soccer.org
Director of Coaching, Terry Eguaoje – doc@pawest-soccer.org
Office Administrator, Cheryl Mignogna – cheryl@pawest-soccer.org
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Coaching Administrative Asst., Amy Fogle – afogle@pawest-soccer.org
Digital Communications Coordinator, Jared Murphy – jared@pawest-soccer.org

Important Dates

- Futsal State Cup (In Person) – 1/7 - 1/9/22
- Blended 7 v 7 pt 1 (Virtual) – 1/26/22
- Blended 7 v 7 pt 2 (In Person) – 2/13/22
- Blended 9 v9 pt 1 (Virtual) – 2/2/22
- Blended 9 v 9 pt 2 (In Person) – 2/13/22
- Blended 11 v11 pt 1 (Virtual) – 2/9/22
- Blended 11 v 11 pt 1 (Virtual) – 2/11/22
- Blended 11 v 11 pt 2 (In Person) – 2/13/22

Holiday Hours

The PA West office will be closed starting December 24 and will reopen Monday, Jan. 3, 2022.