



U.S. SOCCER CONSENT TO PARTICIPATE IN RESEARCH

Title of the study: Why do parents enroll their children in soccer?

Principal Investigator: Dr. George Chiampas, DO

Sponsor: Northwestern University and the U.S. Soccer Federation

This is a consent form for research participation. It contains important information about this study and what to expect if you decide to participate. Please consider the information carefully. Feel free to discuss the study with your friends and family and to ask questions before making your decision whether or not to participate.

- **Your participation is voluntary.** You may refuse to participate in this study. If you decide to take part in the study, you may leave the study at any time. No matter what decision you make, there will be no penalty to you and you will not lose any of your usual benefits. Your decision will not affect your future relationship with U.S. Soccer or Northwestern University. If you are a student or employee at Northwestern University, your decision will not affect your grades or employment status.
- **You may or may not benefit as a result of participating in this study.** Also, as explained below, your participation may result in unintended or harmful effects for you that may be minor or may be serious depending on the nature of the research.
- **You will be provided with any new information that develops during the study that may affect your decision whether or not to continue to participate.** If you decide to participate, you will be asked to sign this form and will receive a copy of the form. You are being asked to consider participating in this study for the reasons explained below.



Key Information About This Study

Soccer is widely considered the most popular sport globally; and it is a growing sport within the United States. This study involves a survey sent out to parents of children involved in youth soccer with questions to help understand parent's motivations for enrolling their child to play soccer. By understanding these motivations, we can highlight commonly perceived beliefs of parents for the benefits of their children playing soccer. Our goal is to offer evidence to support that parents believe playing soccer can provide multiple benefits for their children including physical, cognitive and psychosocial. We aim to add to existing studies to help demonstrate that soccer can provide numerous benefits and is a sport that should be considered for all with a goal of helping to grow the sport throughout the United States.

All presentations and publications will be approved by the U.S. Soccer Federation to ensure that your privacy and/or a team competitive advantage is preserved. There is some risk that the data collected could be identified as yours or given to someone not intended to have access to it. To protect against this risk, data will be stored on secure servers or devices managed by the U.S. Soccer Federation.

1. Why is this study being done?

The purpose of this study is to learn about parents' reasons for enrolling their children in soccer.

2. How many people will take part in this study?

This survey will be sent to all parents of children playing youth soccer within the United States in affiliation with the U.S. Soccer Federation.

3. What will happen if I take part in this study?

If you participate in this study, data will be analyzed and anonymously published in scientific journal articles and presentations combined with data from all participants. No individual information will be published about your performance and all presentations and publications will



be approved by the U.S. Soccer Federation to ensure that your privacy and/or a team competitive advantage is preserved.

The following variables will be collected and analyzed:

- Demographics
- Parent focused benefits
- Child growth and development
- Social benefits
- Wellbeing benefits
- Public health
- Other factors/other parent motivations

4. How long will I be in the study?

Data will be collected during a one month period. You will receive an email two weeks prior to the survey being sent out. After the survey is sent out, you will have one month to complete the survey. You will receive an email two weeks after the survey is sent out as a reminder and another email notifying you of completion of the study period.

5. Can I stop being in the study?

Participation in research is voluntary. You can decide to participate or not to participate. If you do not want to be in this study or withdraw from the study at any point, your decision will not affect your relationship with Northwestern University/Northwestern Medicine or the U.S. Soccer Federation.

You may choose not to participate without penalty or loss of benefits to which you are otherwise entitled.

After you complete the survey, the information will be compiled into an anonymous data pool. Due to the anonymous collection of data, once completing the survey you will no longer be able to withdraw from the study. If you have any questions about how the data is collected or what



happens to your information after completing the survey, you may contact GChiampas@ussoccer.org or jlozano@ussoccer.org at any time.

Due to the permanent nature of publishing, we cannot remove data that was already published in articles and presentations. Additionally, compliance requirements may require that we maintain a permanent record of all collected data for auditing purposes. Additionally, compliance requirements may require that we maintain a permanent record of all collected data for auditing purposes. In the case that this data must be retained for compliance, it will NOT be available to researchers and will only be available in the case of an audit.

6. What risks, side effects or discomforts can I expect from being in the study?

There is some risk that the data collected could be identified as yours or given to someone not intended to have access to it. To protect against this risk, data will be stored on secure servers or devices managed by the U.S. Soccer Federation. Additionally, all presentations and publications will be approved by the U.S. Soccer Federation to ensure your privacy and the team competitive advantage is preserved.

7. What benefits can I expect from being in the study?

You may not directly benefit from this data analysis, but our research project is aimed at moving forward in this field of study, which may cause an indirect benefit.

8. What other choices do I have if I do not take part in the study?

You may choose not to participate without penalty or loss of benefits to which you are otherwise entitled.

9. Will my study-related information be kept confidential?

Efforts will be made to keep your study-related information confidential. However, there may be circumstances where this information must be released. For example, personal information regarding your participation in this study may be disclosed if required by state law.



Also, your records may be reviewed by the following groups (as applicable to the research):

- Office for Human Research Protections or other federal, state, or international regulatory agencies;
- The Northwestern University Review Board or Office of Responsible Research Practices;
- Authorized Northwestern University staff not involved in the study may be aware that you are participating in a research study and have access to your information;
- The U.S. Soccer Federation

10. Will my de-identified information (and bio-specimens) be used or shared for future research?

No.

11. What are the costs of taking part in this study?

There are no costs to you for being a part of this study.

12. Will I be paid for taking part in this study?

No, you will not be paid for being a part of this study.

13. What happens if I am injured because I took part in this study?

As this study includes data analysis only, Northwestern University has no funds set aside for the payment of health care expenses for this study.

14. What are my rights if I take part in this study?

If you choose to participate in the study, you may discontinue participation at any time without penalty or loss of benefits. By signing this form, you do not give up any personal legal rights you may have as a participant in this study. If participants have any questions or concerns about their legal rights, they are encouraged to consult with legal counsel.



You will be provided with any new information that develops during the course of the research that may affect your decision whether or not to continue participation in the study.

You may refuse to participate in this study without penalty or loss of benefits to which you are otherwise entitled.

An Institutional Review Board responsible for human subjects research at Northwestern University reviewed this research project and found it to be acceptable, according to applicable state and federal regulations and University policies designed to protect the rights and welfare of participants in research.

15. Who can answer my questions about the study?

For questions, concerns, or complaints about the study you may contact Dr. George Chiampas, DO, who is the Principal Investigator of the study at GChiampas@ussoccer.org and Chief Medical Officer of U.S. Soccer, or Dr. José M. Oliva Lozano, who is the Director of Research and Innovation at U.S. Soccer.

For questions about your rights as a participant in this study or to discuss other study-related concerns or complaints with someone who is not part of the research team, you may contact the Northwestern University Institutional Review Board Office at (312) 503-0826.

16. Do I have any rights to access my personal data that is used for the study?

Any requests for access to personal data should be made in writing to George Chiampas, DO, specifying the data that is being requested. George Chiampas, DO will respond to such requests within one month of receipt, providing the requested information in a concise, transparent, and easily accessible format.

17. Will this study have any impact on my insurance?

Participation in this data collection study is not expected to have an impact on the participant's insurance coverage. The information collected in this study will be kept confidential and will only be used for research purposes. However, participants should be aware that their insurance



policies may have exclusions related to the disclosure of personal information. Participants are encouraged to consult with their insurance providers to determine whether their coverage includes participation in research studies and to obtain any necessary additional coverage before enrolling in the study. If participants have any questions or concerns about the potential impact of participation in the study on their insurance coverage, they are encouraged to consult with insurance experts.