9v9 Activity for U11 - U12 Players - 4v2 Possession Game

OBJECTIVE: Passing, Support, 1v1, 2v1, Dribbling, Body position, and communication

PLAYER ACTIONS: Pass options, 2v1/1v1, Pass/dribble

KEY QUALITIES: Read game/make decisions, Optimal technical, Focus

ORGANIZATION:
4v2 Possession Game 1. Two (2) groups of 6 players 2. Two defenders stay in their zone and try to prevent splitting 3. Rotate players after few minutes (2-3 mins) or after intersection by the defenders 4. Encourage passing, receiving, Body position, and support.

NOTES:
Make a competition out of it. Make it 4v1 if it is too difficult for the attackers Make it 4v3 if it is too easy

MOMENT: Attacking

AGE: U11-U12 / 9v9

PLAYERS: 4 vs 2

DURATION: 15.0 min