

| Spring Week | Home | Away |
|-------------|----------------------|----------------------|
| 3-Apr | Bushy Run Revolution | Yinz United |
| 3-Apr | Iceoplex FC | Internationals LADS |
| 3-Apr | Gateway Grill | CT United |
| 3-Apr | Dynamo White | Allegheny United |
| 10-Apr | CT United | Dynamo White |
| 10-Apr | Internationals LADS | Allegheny United |
| 10-Apr | Iceoplex FC | Bushy Run Revolution |
| 10-Apr | Yinz United | Gateway Grill |
| 17-Apr | CT United | Internationals LADS |
| 17-Apr | Gateway Grill | Bushy Run Revolution |
| 17-Apr | Allegheny United | Iceoplex FC |
| 17-Apr | Yinz United | Dynamo White |
| 1-May | Bushy Run Revolution | Allegheny United |
| 1-May | Gateway Grill | Dynamo White |
| 1-May | CT United | Iceoplex FC |
| 1-May | Yinz United | Internationals LADS |
| 15-May | Dynamo White | Bushy Run Revolution |
| 15-May | Allegheny United | CT United |
| 15-May | Internationals LADS | Gateway Grill |
| 15-May | Yinz United | Iceoplex FC |
| 22-May | Bushy Run Revolution | CT United |
| 22-May | Internationals LADS | Dynamo White |
| 22-May | Allegheny United | Yinz United |
| 22-May | Iceoplex FC | Gateway Grill |
| 5-Jun | Internationals LADS | Bushy Run Revolution |
| 5-Jun | CT United | Yinz United |
| 5-Jun | Dynamo White | Iceoplex FC |
| 5-Jun | Allegheny United | Gateway Grill |

| Fall Week | Home |
|-----------|----------------------|
| 21-Aug | Yinz United |
| 21-Aug | Internationals LADS |
| 21-Aug | CT United |
| 21-Aug | Allegheny United |
| 28-Aug | Dynamo White |
| 28-Aug | Allegheny United |
| 28-Aug | Bushy Run Revolution |
| 28-Aug | Gateway Grill |
| 11-Sep | Internationals LADS |
| 11-Sep | Bushy Run Revolution |
| 11-Sep | Iceoplex FC |
| 11-Sep | Dynamo White |
| 18-Sep | Allegheny United |
| 18-Sep | Dynamo White |
| 18-Sep | Iceoplex FC |
| 18-Sep | Internationals LADS |
| 25-Sep | Bushy Run Revolution |
| 25-Sep | CT United |
| 25-Sep | Gateway Grill |
| 25-Sep | Iceoplex FC |
| 2-Oct | CT United |
| 2-Oct | Dynamo White |
| 2-Oct | Yinz United |
| 2-Oct | Gateway Grill |
| 9-Oct | Bushy Run Revolution |
| 9-Oct | Yinz United |
| 9-Oct | Iceoplex FC |
| 9-Oct | Gateway Grill |
| 16-Oct | Round 1 |
| 23-Oct | Round 2 |

| | |
|--------|---------|
| 6-Nov | Round 3 |
| 13-Nov | Finals |

| |
|-------------------------|
| Away |
| Bushy Run Revolution |
| Iceoplex FC |
| Gateway Grill |
| Dynamo White |
| CT United |
| Internationals LADS |
| Iceoplex FC |
| Yinz United |
| CT United |
| Gateway Grill |
| Allegheny United |
| Yinz United |
| Bushy Run Revolution |
| Gateway Grill |
| CT United |
| Yinz United |
| Dynamo White |
| Allegheny United |
| Internationals LADS |
| Yinz United |
| Bushy Run Revolution |
| Internationals LADS |
| Allegheny United |
| Iceoplex FC |
| Internationals LADS |
| CT United |
| Dynamo White |
| Allegheny United |
| |
| |

