

Small-Sided Games Plan – Effective September 1, 2003

<i>Age Grp.</i>	<i>Game Format</i>	<i>Ball Size</i>	<i>Roster Size (Maximum)</i>	<i>Keeper</i>	<i>Game Length</i>	<i>Field Size (Max/Min)</i>	<i>Referee</i>	<i>Goal Size (feet)</i>
<i>U6 Single Game Format</i>								
U6	3 v 3	3	6	No	4 – 8:00 Qtrs.	20 x 30	Not required	4 x 6
U6	4 v 4	3	8	No	4 – 8:00 Qtrs.	20 x 30	Not Required	4 x 6
<i>U6 Side-by-Side Game Format</i>								
U6	3 v 3	3	9	No	4 – 8:00 Qtrs.	20 x 30	Not required	4 x 6
U6	4 v 4	3	12	No	4 – 8:00 Qtrs.	20 x 30	Not required	4 x 6
<i>U8 Single Game Format</i>								
U8	4 v 4	3	8	No	4 – 10:00 Qtrs.	30 x 40	Center	4 x 6
U8	5 v 5	3	9	Yes	4 – 10:00 Qtrs.	30 x 40	Center	4 x 6
<i>U8 Side-by-Side Game Format</i>								
U8	4 v 4	3	12	No	4 – 10:00 Qtrs.	30 x 40	Center	4 x 6
U8	5 v 5	3	14	Yes	4 – 10:00 Qtrs.	30 x 40	Center	4 x 6
<i>U10 Single Game Format – Offside optional for In-house</i>								
U10	7 v 7	4	12	Yes	2 – 25:00 Halves	45 x 60/40 x 55	Center/AR's	7 x 21*
U10	6 v 6	4	11	Yes	2 – 25:00 Halves	40 x 50	Center/AR's	7 x 21*
U10	5 v 5	4	9	Yes	2 – 25:00 Halves	30 x 45	Center/AR's	7 x 21*
<i>U10 Side-by-Side Game Format – Offside optional for In-house</i>								
U10	7 v 7	4	18	Yes	2 – 25:00 Halves	45 x 60/40 x 55	Center/AR's	7 x 21*
U10	6 v 6	4	16	Yes	2 – 25:00 Halves	40 x 50	Center/AR's	7 x 21*
U10	5 v 5	4	14	Yes	2 – 25:00 Halves	30 x 45	Center/AR's	7 x 21*
<i>U11 Single Game Format</i>								
U11	9 v 9	4	14	Yes	2 – 30:00 Halves	50 x 80/50 x 70	Center/AR's	7 x 21**

Recommended Formats In Bold

*Recommended goal size, minimum 6 x 18, maximum 8 by 24

**Recommended goal size, minimum 7 x 21, maximum 8 by 24

--U6, U8 and U10 age group please refer to US Youth Soccer modified rules for those age groups. This information is available at the State Office or by visiting the US Youth Soccer web site at www.usyouthsoccer.org.

--U11 age group will use FIFA playing rules except for number of players and field dimensions including 8-yard center circle and 14-yard penalty area.